



To: All IHC Primary Care Providers
From: Margaret Kirkegaard, MD, MPH, Medical Director
Date: 10 January, 2012
Re: Free CME Resources

Both the **Illinois Academy of Family Physicians** and the **Illinois Chapter of the American Academy of Pediatrics (ICAAP)** offer free web-based CME on a variety of clinical topics that are relevant to IHC patients. We encourage all IHC PCPs to take advantage of these opportunities.

The **Illinois Academy of Family Physicians** offers a variety of free online CME activities developed by Family Physicians for primary care. These activities can be accessed online at <http://www.iafp.com/education>. Registration is required to view the activities and resources.

Pain Management with Opioid Drugs in Primary Care Practice

The "Pain Management with Opioid Drugs" program will cover the Epidemiology of chronic, non-cancer pain (CNCP), help define treatment goals, discuss pain management methods and risk Management.

Medical Management of Patients with Schizophrenia and other Psychotic Disorders in Primary Care

This activity will cover the definitions and epidemiology of schizophrenia and other psychotic Disorders, go through the diagnosis process for the primary care setting, discuss patient Care, which includes the require coordination of care between their family physician and psychiatrist and finally will discuss the medication strategies.

Managing Bipolar Disorder in Primary Care

Bipolar Disorder is commonly under diagnosed & often mistaken for unipolar depression. The "Managing Bipolar Disorder in Primary Care " program will cover the diagnosis of bipolar disorder provide background information on the epidemiology of this chronic behavioral health condition, and provide information on treatment and referral for specialty care of BD.

Managing Coronary Artery Disease in Primary Care: A Quality Improvement Program

This program will help improve outcomes for patients with Coronary Artery Disease. The activity will help facilitate planning for individualized patient support, coordinate coronary artery disease care in your office, and encourage patients to become more involved in coronary artery disease prevention.

Managing Chronic Obstructive Pulmonary Disease in the Family Care Setting: A Quality Improvement Program

This program will help participants facilitate planning for individualized patient support, coordinate COPD care in your office, encourage patients to become more involved in COPD prevention, incorporate guideline-based treatment, promote the use of community programs that support COPD patients and increase COPD awareness and education.

Managing Adult Depression in Primary Care: A Quality Improvement Program

The "Managing Adult Depression in Primary Care: A Quality Improvement Program" is broken down into four area: defining depression, screening, treatment, and quality improvement. The presentation will discuss the epidemiology and etiology of depression, educate providers on how to screen for depression, and how to treat depression and evaluate the effectiveness of the treatment. The presentation will also go through the various pharmacological treatments, options and concerns surrounding treatment.

Managing Type 2 Diabetes in Primary Care: A Quality Improvement Program

The "Managing Type 2 Diabetes in Primary Care" is broken down into four areas: screening and diagnosis, management including lifestyle interventions, pharmacotherapy management, and quality improvement.

Managing Heart Failure in Primary Care: A Quality Improvement

This program will help participants define heart failure and will provide background information on the epidemiology, etiology, and pathophysiology of chronic heart failure, strategies and tools to diagnose HF in primary care settings and will address management of heart failure in adults.

Managing How to Conduct a Quality Improvement Program in Primary Care Practice

This CME activity will guide the provider on how to design and implement a Plan Do Study Act (PDSA) cycle in their practice to improve quality.

Managing Substance Abuse Disorders in Primary Care: A Quality Improvement

The Managing Substance Abuse Disorders program will cover the prevalence of substance dependence and abuse, the mental health problems associated with substance-use disorders, and the primary care physician's role in alcohol-use disorders and drug addiction.

Adult Smoking Cessation: Intervention Strategies for Primary Care Providers

This CME activity will take providers through the tolls of smoking, understanding and combating addiction, behavioral & pharmacologic interventions, and therapy options & strategies.

The Care of Military Children and Adolescents during Deployment and Beyond

This CME activity is geared towards Pediatricians and other primary care providers that treat children. This activity focuses on the unique set of needs of military children and adolescents and their families. Pediatricians have the opportunity and ability to help military families manage many of the difficulties with which they struggle; identifying those at risk in a timely fashion is crucial.

The Care of Returning Service Members and Their Families: What Family Physicians should Know

This activity has been developed for primary care providers that treat returning service members and their families. Military personnel and their families have a unique set of needs; service members face serious conditions, such as post traumatic stress disorder and traumatic brain injury, which affect their well-being and that of their families. Family physicians have the opportunity and ability to help military families manage many of the difficulties with which they struggle; identifying those at risk in a timely fashion is crucial.

Managing Childhood Asthma in Primary Care: A Quality Improvement Program

This presentation will discuss the prevalence of diagnosed asthma and asthma symptoms in children and young adults will list the guidelines for diagnosis of childhood asthma and help providers evaluate appropriate use of pharmacologic agents and non-pharmacologic therapies for acute and long-term therapy in pediatric asthma.

The **Illinois Chapter, American Academy of Pediatrics (ICAAP)** offers several opportunities to earn CME credit through free, web-based trainings. Two ICAAP programs, Enhancing Developmentally Oriented Primary Care and Bright Smiles from Birth, currently offer a total of six web-based courses for CME credit.

Enhancing Developmentally Oriented Primary Care (EDOPC), a partnership of the Advocate Health Care Healthy Steps Program and ICAAP, offers five web-based trainings for CME credit to primary care providers and their multi-disciplinary teams. **Register online at <http://www.edopc.org>.**

Coordinating Care between Early Intervention and the Primary Care Medical Home covers services provided through Early Intervention (EI) and Special Education (SPED) programs; some practice strategies for enhanced communication with EI and SPED; resources to help families access these systems and the medical provider's role to advocate within these systems; and how to refer families to EI or SPED programs.

Developmental Screening and Referral discusses the purpose of developmental screening and early intervention; the available tools to use to screen children for developmental delays; and how to implement referral procedures for children who either fail the screening or pass but exhibit potential development concerns.

Domestic Violence Effects on Children: Detection, Screening and Referral in Primary Care covers the definition of domestic violence and what symptoms to look for; how to use a domestic violence screening tool as part of well-child visit; how domestic violence affects children and families; and some practice strategies and resources to help families experiencing domestic violence.

Identifying Perinatal Maternal Depression During the Well-Child Visit: Resources for Screening, Referral, and Treatment discusses the difference between normal “baby blues,” postpartum depression, and postpartum psychosis; the impact of postpartum depression on children and families; risk factors for perinatal maternal depression; and maternal depression screening tools and referral procedures.

Social, Emotional, and Autism Concerns: Early Detection, Screening, and Referral discusses the importance of social/emotional screening for families; examples of social/emotional milestones and “red flags;” how to use, document, and bill for the ASQ:SE tool; and ways to discuss concerns and referral resources with families.

Bright Smiles from Birth is a program designed to provide information on children’s oral health to primary care providers and their staff. The online course provides an overview of oral health in young children and how to apply fluoride varnish. Providers who complete the program are eligible to receive reimbursement for application of fluoride varnish on children less than 36 months. **Register online at <http://www.brightsmilesfrombirth.org>.**

The American Academy of Pediatrics (AAP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The AAP designates this enduring material for a maximum of 1.5 AMA PRA Category 1 Credits™ each. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity is acceptable for a maximum of 1.5 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the AAP.

The Illinois Academy of Family Physicians / Family Practice Education Network is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.